

JONAH S. FLINT

CONTACT

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EDUCATION

Sunapee Middle High School,
Sunapee, NH, June 2023

- **Unweighted GPA with value added: 4.0**
- **Summa Cum Laude**

ADVANCED COURSEWORK

- Spanish I, II, III, IV/V
- AP Calculus, AP Exam: 5
- AP U.S. History, AP Exam: 4
- AP Literature, AP Exam: 3
- AP Language, Exam in May 2023
- AP Physics, Exam in May 2023

AWARDS

- College Board Rural and Small Town National Recognition
- Daughters of the American Revolution Good Citizen Award
- Dartmouth Book Award
- AP Scholar
- NH Scholar
- SMHS Career High Honor Roll
- SMHS Student of the Month
- SMHS Varsity Soccer Coaches Award
- SMHS Varsity Alpine Sportsmanship Award
- SMHS Varsity Baseball Coaches Award

LEADERSHIP EXPERIENCE

- National Honor Society (grades 11, 12); NHS President (grade 12)
- American Red Cross Lifeguard Certification (2022)
- WMUR Hometown Hero (grade 11)
- Class President (grade 10)
- Principal's Advisory (grades 9, 10)

SENIOR PROJECT

CNC Machining Technology

- Designed, modeled, and built a desktop CNC machine using open-source software and Cartesian coordinate systems
- Toured Moore Nanotech facility and to learn about state-of-the art diamond turning technology

EXTRACURRICULAR ACTIVITIES

- Attended Close Up trip to Washington, D.C. (grade 10)
- SMHS Bass Fishing Team (grades 9, 10, 11, 12)
- SMHS JV Soccer Team (grades 9, 10)
- SMHS Varsity Soccer Team (grades 11, 12), Captain (grade 12)
 - *Div IV. State Champions 2021*
- SMHS Varsity Alpine Team (grades 9, 10, 11, 12)
- SMHS JV Baseball Team (grades 9, 10)
- SMHS Varsity Baseball Team (grades 11, 12)
 - *Div IV. State Champions 2022*
- SMHS Mountain Biking Club (grades 8, 9)
- SMHS Robotics Club (grade 9)
 - *Vex Robotics Competition*

WORK EXPERIENCE

Lifeguard — June-August 2022

Sunapee Dewey Beach

- Observed activities of swimmers, enforced applicable policies and regulations, and provided emergency care
- Completed CPR and American Red Cross certifications

General staff — June-August 2019

Prospect Hill Antiques

- Performed various duties such as moving furniture and deliveries, cleaning restoration areas, and general maintenance